

E. HITCHCOCK SCOTT, PhD LPCC917, LAADC, ATR-BC, REAT

Fellow for the International Society for the Study of Trauma and Dissociation

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To facilitate the possibility of healing in those with a history of compulsivity, substance and behavioral use disorders, mental illness, complex trauma, and dissociation with a desire to improve emotional, spiritual, and physical health. To provide consulting, training, and supervision for agencies and organizations to create visionary projects, large and small.

SUMMARY OF BACKGROUND

Dr. Ericha Scott has thirty-eight years of clinical counseling, administration, consulting, teaching, and supervision experience in hospitals, outpatient clinics, academic settings, private practice, and conferences. She has worked with substance and behavioral use disorders since 1985, severe mental illness, and complex trauma, including dissociative identity disorders, since 1987.

Dr. Scott is a Licensed Clinical Professional Counselor (LPCC917) in California, certified in creative and expressive arts therapies, interfaith spiritual direction, and as a Reiki master.

Dr. Scott is a healer who walks the fine line between mysticism and evidenced-based psychotherapy. In addition, she is an international bestselling author, poet, artist, and keynote speaker.

Past supervisory and administrative roles include academic core faculty member, clinical director, and office manager. She demonstrated effectiveness as an inpatient primary care counselor in 1985 by maintaining the lowest SUD patient post-discharge recidivism rate of all counselors in a 200-bed hospital. She received the Alumni Recognition Award from Sierra Tucson Hospital for her services as the trauma and sexual compulsivity track therapist. National/international speaker for various mental health and substance and behavioral use disorders to colleges, professional organizations, and conferences. Over the past decades, she has presented for the International Society for the Study of Dissociation (ISSTD), Andrew Weil's Center for Integrative Medicine at the University of Arizona, and the Creativity and Madness Conferences, and she served four years as the planning chair for the Creative Arts Therapy Educational Track for the WCSAD. In addition, she is a volunteer board member for various non-profit organizations. Dr. Scott has been honored with the title of Fellow for ISSTD, the oldest professional trauma organization in the world. Her professional activities include being a speaker or keynote speaker for various audiences, author, and/or researcher on topics of complex trauma, co-occurring chemical and behavioral use disorders, self-mutilation, sexual compulsivity, eating disorders, dissociation/integration, integrative health, meditation, grief and loss, and creative and expressive arts therapies. Dr. Scott offers a wide variety of published clinical material in professional magazines and newsletters, peer-review journals, and academic textbooks in the United States and abroad.

COUNSELING, TEACHING, AND CONSULTING EXPERIENCE

PRIVATE PRACTICE/INDEPENDENT CONTRACTOR/CONSULTANT
2008 - Present, Malibu, California

CLINICAL DIRECTOR, The Canyon at Peace Park
06/2007 - 06/2008, Malibu, California

Clinical director for a 20-25 bed residential treatment program for those with co-occurring disorders and diagnoses. Responsible for the clinical and administrative supervision of up to 35 staff members and 15-25 clients, quality of clinical services, client and staff well-being, training, quality assurance, crisis intervention, relationship with referents, referrals, marketing, networking, intake, and medical chart documentation. The Canyon was an integrative treatment program with a primary focus on healing the mind, body, and spirit.

PRIMARY THERAPIST, Sierra Tucson Behavioral Health Residential Treatment Center
04/2004 - 04/2007, Tucson, Arizona

Full-time primary therapist for the unit of sexual and trauma recovery (PSTR). Provided case management, insight-oriented individual sessions, primary and psychodrama group therapy, and creative arts therapies for those with a history of complex childhood abuse and/or profound adult trauma, dual diagnoses, substance and behavioral use disorders, sexual and co-occurring compulsivity, and obsessions. Pre and post-treatment psychometric testing revealed a significant change in the majority of patients on her caseload. She was granted recognition for outstanding service with the Sierra Tucson Alumni Recognition Award—one of three recipients out of 285 staff members to receive this honor. Taught mindfulness meditation and holistic methods for psychological grounding, self-soothing, and mood regulation.

CORE FACULTY MEMBER, Prescott College
11/1999 - 03/2003, Tucson, Arizona

Hired as a part-time faculty member. Promoted to full-time core faculty member three months later in February of 2000. Developed and managed a new graduate program in counseling psychology, plus a concentration in creative and expressive arts therapy. Built the program from 6 to 25 graduate students, raised academic standards while maintaining a high graduation rate, advised and supervised 12 doctoral-level faculty advisors and approximately 25 graduate students.

EXTENDED FACULTY, University of Arizona
2002 – 2011, Tucson, Arizona

Content provider for the Associate Fellowship of the Center of Integrative Medicine at the University of Arizona. Offered instruction to 60–80 medical doctors per year regarding the integration of creative and expressive arts therapies into a mind, body, and spirit practice for those with chronic or acute illness. Teaching experience included preparing and developing an educational audio CD, an online educational module, several weeks per year of online dialogue, and experiential workshops.

CONTRACT CREATIVE ARTS THERAPIST, Mirasol, Inc.
04/2003 – 09/2003, Tucson, Arizona

Provided creative arts therapy groups for a residential eating disorder program. Addressed issues of substance and behavioral use disorders, body image dysmorphia, cognitive distortions, self-esteem, grief, cathartic expression, spirituality, trauma, and dissociation. Designed and implemented a form of video therapy as a tool for intervention, setting goals for treatment, and aftercare planning. Offered a variety of self-portraiture techniques including, but not limited to, blind contour self-portraits and life-sized silhouette mandalas (body maps).

CONSULTANT, CONTRACT THERAPIST, PRIVATE PRACTICE
1985 – 1995, Dallas, Texas

Offered clinical psycho-education, psychotherapy, consulting, training, interviews, and/or supervision experience in hospitals, outpatient clinics, and private practice settings. A complete list of agencies, organizations, and professional conferences is available upon request.

THE PRIORY—London, England

COLIN ROSS INSTITUTE—Dallas, Texas

CHRYSALIS COUNSELING CENTER, INC. —Dallas, Texas

PSYCHIATRIC INSTITUTE OF AMERICA—Ft. Worth, Texas

EDUCATION

Degree	Date	Institution
Certified Interfaith Spiritual Director	2005	Tacheria Interfaith Certificate Spiritual Direction Program St. Philip's In the Hills, Tucson, AZ

Doctorate, Clinical Psychology, with a creative arts psychotherapy emphasis in marriage and family practice. Research: self-mutilation by those with severe dissociative identity disorders.	1999	The Union Institute Dissertation nominated for the highest award offered by the faculty. Cincinnati, Ohio
Post-Master's Art Therapy Graduate Certificate	1996	The College of Notre Dame GPA 4.0, Graduated with Honors Belmont, California
Master of Education Community College Curriculum Emphasis in the Studio Arts	1981	Florida Atlantic University GPA 3.94 Boca Raton, Florida
Post Graduate Credits Studio Art	1979	Sarah Lawrence College Lacoste, France
Bachelor of Arts Studio Art	1977	Florida Southern College Lakeland, Florida

AWARDS AND SCHOLARSHIPS

- Awarded the title of “Distinguished Specialist in Integrative Health and Addiction” (DISIHA), as a lifetime charter member.
- Received the honorary title of Fellow for the International Society for the Study of Trauma and Dissociation in 2019 for contributions made to the field of trauma and dissociation for 35 years. ISSSTD is the oldest professional trauma organization in the world.
- Granted the Malibu 2018 Community Service Award from the National Society of the Daughters of the American Revolution for volunteerism in the local community and beyond.
- Received the Sierra Tucson Alumni Recognition Award in 2006, as one of three staff member recipients, out of 285 employees, to acknowledge the quality of service and helpfulness specific to therapeutic care provided to trauma patients. The award is

nominated by patient graduates via letter and then it is voted on by an administrative committee.

- Awarded a mini-grant by Tucson's Public Access Television station to produce *The Freedom of Art*, 2004-2007. This TV program interviewed artists and art therapists who had a wide range of talents and interests, from amateur and local to well-renowned and internationally recognized. This program attracted as many as 35,000 viewers, twice a week.
- Dissertation nominated for the Sussman Award (the highest award offered) by The Union Institute Faculty, 1999. Only 5-10% of dissertations were nominated for the award. Dr. Scott's dissertation was a finalist.
- Marie Delleney graduate scholarship awarded for the MFA Photography Department Faculty at Texas Woman's University, 1986.

ACTIVE LICENSES, CERTIFICATIONS, and MEMBERSHIPS

- Licensed Professional Clinical Counselor (LPCC917), state of California (2014-Present).
- Licensed Advanced Alcohol and Drug Counselor (LAADC, a CA non-governmental license), Internationally Certified Advanced Alcohol and Drug Counselor (ICAADC), and Internationally Certified Alcohol and Drug Counselor (ICADC), by and through the state of California via CCAPP: LR01140315 (Transferred to California from Texas).
- Board Certified Registered Art Therapist (ATR-BC), by the Art Therapy Credentials Board, Inc.: #02-061.
- Registered Expressive Arts Therapist (REAT), by the International Expressive Art Therapy Association: #R060.
- Member and Fellow of the International Society for the Study of Dissociative Identity Disorder and Dissociative States; first joined in the early 1990s.
- Certified Interfaith Spiritual Director, since 2005.
- Reiki Master, Usui Shiki Ryoho School, since 1999.

RETIRED LICENSES and CERTIFICATIONS

- Licensed Mental Health Counselor (LPC-Retired Status), state of New Mexico: #1112.
- Licensed Professional Counselor (LPC- Retired Status), state of Arizona: #12334.
- Licensed Independent Substance Abuse Counselor (LISAC - Retired Status), state of Arizona: # SA-1482.
- Texas Alcohol and Drug Association of Counselors, Diplomate Addictionologist (ADC-III): #6646-0388, transferred to California 2007 as (CADC-II).
- National Certified Counselor (NCC), NBCC certification number: #71182.

BRIEF OVERVIEW OF LECTURES, PRESENTATIONS & WORKSHOPS

WCSAD – Keynote Speaker 2018; Planning Chair and Workshop Presenter for the Creative and Expressive Arts Therapy Educational Track for the West Coast Symposium of Addiction, La Quinta, CA 2018, 2019, 2020, and 2021.

International Society for the Study of Trauma & Dissociation (ISSTD), 2019, 2018, 1999, 94, 93, and 92.

The 2020 and 2021 ISSTD Annual Conferences' 6-hour workshops, with a past colleague and co-presenter Colin A. Ross, MD, were canceled and postponed due to the pandemic. In March 2023, a 6-hour workshop will be held in Kentucky.

Story Telling by the Sea, Love Letter Writing Workshop, Malibu, CA 2018

International Association of Violence, Abuse and Trauma (IVAT), San Diego, CA 2017, 1995

Brass Tacks Recovery and Onsite Workshops, Santa Monica, CA 2017

Treatment Professionals Alumni Services Collaboration (TPAS), Serra Retreat, Malibu, CA, 2016

US Journal Training, Inc., Lecture and Workshop, Santa Fe, NM, 2016

American Art Therapy Association of Southern California, Lecture and Workshop, Los Angeles, CA, 2016

The Creativity and Madness and Women of Resilience Conferences, Santa Fe, NM. are hosted by the non-profit agency, The American Institute of Medical Education (AIMED). This author

has been a presenter and workshop provider since 1994 and has presented numerous times over the years until 2016.

Women's Association for Addiction Treatment (WAAT), Southern California 2022, 2018, 2016, 2015, 2014

National Association of Mental Illness (NAMI), Los Angeles, CA 2014, 2009

Methodist Church, Lecture and Workshop, Malibu, CA 2013

COMMUNITY SERVICE

- Advisory Board Member 2017 – Present
One Recovery, 501 C3 Status, California
- Advisory Board Member 2016 – Present
Global Art Project for Peace, 501 C3 Status, Arizona
- Advisory Board Member 2016 – Present
Non-Profit Arm of Brass Tacks Recovery, California
- Honorary Advisory Board Member 2002 – 2021
Dr. Scott is the widow of Dr. Randy Tufts,
the primary co-founder of the park.
Kartchner Caverns State Park, Arizona
- Established The Randy Tuft's Memorial Fund 2002 – Present
Prescott College, Arizona
- Producer, Director, Host 03/2004 – 06/2007
Public Access Tucson Television Show
The Freedom of Art: Let Freedom Art Ring—Channels 72, 73, & 97, 98
Mission: A forum for dialogue regarding the benefits of the arts. Interviewed fifty guests over a three-year period (professional artists, art educators, art therapists, art students, and hobbyists). Aired on Saturdays at 3:00 PM, with weekly reruns on various days of the week.

- Art Editor–IEATA Newsletter, Board Member 1996 – 2002
& Co–Chair of Public Relations Ctte.
International Expressive Arts Therapy Association–San Francisco, California
- Board Member 1991 – 1993
Ethel Daniel's Foundation–Dallas, Texas
Halfway house, nonprofit status, for indigent drug addicts and alcoholics
- Board Member, Elected President and Financial Chair 1987 – 1992
Allen Street Gallery–Dallas, Texas
A non–profit avant–garde photography gallery

DOCTORAL COMMITTEE MEMBER FOR THE FOLLOWING DISSERTATIONS:
THE UNION INSTITUTE AND FIELDING GRADUATE UNIVERSITY

- Michael Irving, PhD, Creative Arts Psychotherapy
Dissertation: The Art of Pre and Perinatal Psychology
- Bernadette Hotze, PhD, MFA, MA
Dissertation: Color: The Energetic Interplay of Color Dynamics, Polarities, and Sacred Geometry
- Michele Meyer, PhD, Clinical Psychology
Dissertation: Alpha Male Batterers: Issues of Attachment and Dissociation
- Pearlie M. Jones, PhD, Women's Studies
Dissertation: Status of Black Women in America
- Katherine Owen, PhD, Women's Studies and Creative Writing
Dissertation: Short Stories of Self–Mutilation
- DonGrant, PhD, MediaPsychology
Dissertation: Is Technology an Addiction?

ARTICLES AND PUBLICATIONS

Scott, E. H. (2022). Dreams from the other side: The alchemy of dying in your dreams. In A. Ashley (Ed.), *Turning point: Empowering stories to activate the divine feminine within* (pp. 151-163). Lyme, Connecticut: The Flower of Life Press.

Scott, E. H. (2022). Transformational love, letters, and art. In K. Butler (Ed.), *Women Who Dream* (pp. 233-245). Middletown, DE: Kate Butler Books.

Scott, E. H. (2021, June 3). Counter-Transference and its Resolution via Art. *Trauma and Dissociation in the News*. Arlington, VA: ISSTD.

Retrieved from:

<https://news.isst-d.org/counter-transference-and-its-resolution-via-art/>

Scott, E. H. (2019). Self-Portraiture: Therapeutic blind contour self-portraits. *The Sober World*. Boca Raton: Patricia Rosen.

Retrieved from:

<https://www.thesoberworld.com/2019/10/31/self-portraiture/>

Scott, E. H. (2019, July 30). Prostitution, Modern Sexual Slavery, Sex Trafficking and Bondage of the Human Mind: A reflection regarding our times. *Trauma and Dissociation in the News*. Arlington, VA: ISSTD.

Retrieved from: <https://news.isst-d.org/prostitution-modern-sexual-slavery-sex-trafficking-and-bondage-of-the-human-mind-a-reflection-regarding-our-times>

Scott, E. H. (2018). The epidemiology of dissociative identity disorders in residential dual diagnosis programs and why it is important. *The Sober World*. Boca Raton: Patricia Rosen.

Retrieved from: <https://www.thesoberworld.com/2018/12/03/epidemiology-dissociative-identity-disorders-residential-dual-diagnosis-programs-important/>

Scott, E. H. (2018). Creative arts therapies: An integrative modality for addiction and trauma treatment. In S. Modir & G. Munoz (Eds.), *Integrative Addiction and Recovery*. London: Oxford University Press. (NOTE: An Andrew Weil, MD, library series book.)

Scott, E. H. and Munoz, G. (2018). Integrative approaches to healing in the treatment of addictive behaviors. In S. Modir & G. Munoz (Eds.), *Integrative Addiction and Recovery*. London: Oxford University Press. (NOTE: An Andrew Weil, MD, library series book.)

Scott, E. H. (2018). The creative arts comfort and heal during chaotic times. *The Sober World*, pps. 20-21. Boca Raton: Patricia Rosen.

Retrieved from:

<http://www.thesoberworld.com/2018/05/01/creative-arts-comfort-heal-chaotic-times/>

Scott, E. H. (2018). Intense reactions regarding self-mutilation: How to identify and resolve transference & counter-transference via art. *Renew Magazine*. Deerfield Beach: Health Communications, Inc.

Scott, E. H. (2017). Gratitude in times of despair. *The Sober World*, p. 6. Boca Raton: Patricia Rosen.

Retrieved from:

<http://www.thesoberworld.com/2017/01/02/gratitude-times-despair/>

Scott, E. H. (2016). Child sex trade & organ harvesting in L.A. *IEATA Newsletter, Fall(2)*, 47.

Scott, E. H. (2016). Human slavery and bondage of the human mind. *IEATA Newsletter, Fall(2)*, 89-90.

Scott, E. H. (2016). Counter-transference and its resolution via art. *IEATA Newsletter, Spring(1)*, 76-78.

Scott, E. H. (2016). The body as a testament: A phenomenological case study of an adult woman who self-mutilates. *IEATA Newsletter, Spring(1)*, 49-55. (Reprinted with written permission).

Scott, E. H. (2015, Summer). Healing through art. *Renew Magazine*, 74-79.

Retrieved from:

<http://digital.reneweveryday.com/i/538915-renew-summer-2015>

Shifa, H. (2015, June 5). Business Corner: Healing Through Art Therapy. *Malibu Times*.

Scott, E. H. (2014). Human slavery and bondage of the human mind. *The Whole Living Journal*.

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Scott, E. H., and Ross, C. J. (2006). Integrating the creative arts into trauma and addiction treatment. In B. Carruth (Ed.). *Psychological Trauma and Addiction Treatment* (pp. 207-226). New York: Haworth Press.

- Scott, E. H. & Ross, C. J. (2006b). Integrating the creative arts into trauma and addiction treatment: Eight essential processes. *Journal of Chemical Dependency Treatment*, 8, 2, 207-226. doi.org/10.1300/J034v08n02_11.
- Scott, E. H. (2005, Summer/Fall), Special edition on the treatment of trauma and creative arts therapy: A model of creative arts therapy. *Progress Newsletter*, pp. 1-4, 6.
- Scott, E. H. (Speaker). (2002). *Expressive arts therapy: The seven essential processes*. (CD No. 2 of Mind-Body Conversations). Tucson: The University of Arizona Associate Fellowship in Integrative Medicine.
- Scott, E. H. (1999a). The body as testament: A phenomenological study of chronic self-mutilation by women who are dissociative. (Doctoral dissertation, The Union Institute, 1999). *Dissertation Abstracts International*, 1999, 290. (UMI No: 9921604).
- Scott, E. H. (1999b). The body as testament: A phenomenological case study of an adult woman who self-mutilates. *The Arts in Psychotherapy*, 26 (3), 149-164.
- Ellason, J.; Ross, C. A.; Day, H. D. & Scott, E. H. (1994). Spiritual orientation and ego resiliency in the inner self helper of dissociative identity disorder: A preliminary study. Unpublished/provisional acceptance by *The Journal of Dissociation*.

SOCIAL MEDIA

Facebook: <https://www.facebook.com/ErichaScottPhD/>

LinkedIn: <http://www.linkedin.com/in/ehitchcockscott>

Twitter: <https://twitter.com/erichascott>

PODCASTS, VIDEOS, and AUDIO RECORDINGS

YouTube Channel: <https://www.youtube.com/user/ehitchcockscott>

CREATING LINKS: <https://www.podcasts.com/creating-links-podcast/episode/episode-03-creating-links-in-california-interview-with-creative-arts-therapist-dr-ericha-scott>

TESTIMONIAL: <https://artspeaksloud.org/testimonial-love-letters-poetry-art-workshop/>

TESTIMONIAL: <https://artspeaksloud.org/transformational-love/>

References Supplied Upon Request

